



# SEPTEMBER 2024 LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CAFETERIA NEWS
2	3	4	5	6	<p><b>K-4 Lunch Options</b> Mon, Wed, Fri -- PBJ Meal Tues, Thurs --Salad Meal <b>PBJ Meal</b> includes goldfish crackers, veggie and fruit choice, milk. <b>Salad Meal</b> includes ham &amp; Cheese cup, bread item, veggie and fruit choice, dressing cup, choice milk.</p> <p><b>Lunch Option Daily 5<sup>th</sup> -12<sup>th</sup></b> <b>Salad meal</b>- choice of meat and cheese toppings, choice veggie and fruit, bread item and milk <b>PB&amp;J Meal</b> -choice veggie and fruit, bread item, cheese stick or yogurt cup and choice milk</p> <p>Milk choices: 1% white, 1% chocolate, skim strawberry. A' la carte milk \$.50</p> <p style="text-align: right;"><b>Sign Up Now</b> <a href="https://lingconnect.com">https://lingconnect.com</a> is an easy way to track meal account balances, make meal payments and complete free &amp; reduced meal applications anytime during the school year.</p>
<b>No School</b>	K-4 Popcorn Chicken Cornbread/Margarine 5-12 Pizza Sub/Bun Steamed Peas Carrot Sticks Applesauce Milk <i>2-hour delay</i>	Sausage Link French Toast Stick Baked Hashbrown Celery Sticks Cinnamon Apples Milk	Chicken Fajita/Shell Lettuce, Cheese, Salsa Bean Salsa Tostitos Pears Milk	Big Daddy Cheese Pizza Broccoli & Cheese Carrot Sticks Mandarin Oranges Milk	
9	10	11	12	13	
Chicken Tenders Graham Cracker Baked Fries Carrot Sticks Pineapple Milk	Chicken & Noodles Mashed Potatoes Bread/Margarine Celery Sticks Applesauce Milk	Mini Corn Dogs K-8 Yogurt Cup 9-12 Frito/Sun Chip Baked Beans Cucumber Slices Fresh Fruit Milk	Spaghetti w/Meat Sauce Alfredo/ Lasagna Garlic Breadstick Green Beans Broccoli & Cauliflower Peaches Milk	Big Daddy Pepperoni Pizza Side Salad/Dressing Carrot Sticks Pears Milk	
16	17	18	19	20	
Hamburger/ Bun Baked Fries Carrot Sticks Mandarin Oranges Milk	Popcorn Chicken Biscuit w/jelly Seasoned Corn Celery Sticks Pineapple Milk	Egg Cheese Omelet Mini Pancakes Baked Tator Tots Cucumber Slices Fresh Fruit Milk	Walking Taco /Soft Shell Lettuce & Cheese Fiesta Black Beans Applesauce Cookie Milk	K-4 Mini Cheese Pizza 5-12 Wild Mikes Cheese Pizza Broccoli & Cheese Carrot Sticks Peaches Milk	
23	24	25	26	27	
K-4 Chicken Nuggets Goldfish Crackers 5-12 Breaded Chicken/Bun Green Beans Carrot Sticks Pears Milk	K-4 Twisted Breadstick/Sauce 5-12 Tangerine Chicken Bowl 5-12 Seasoned Rice Steamed Peas Celery Sticks Mandarin Oranges Milk	Hotdog/Bun K-8 Frito 9-12 Mac & Cheese Baked Beans Cucumber Slices Fresh Fruit Milk	Nachos w/Salsa Meat & Cheese Refried Beans Broccoli & Cauliflower Pineapple Milk	K-4 Mini Pepperoni Pizza 5-12 Wild Mikes Pepperoni Pizza Side Salad/Dressing Carrot Sticks Applesauce Milk	
30					
K-4 Popcorn Chicken Cornbread/Margarine 5-12 Pizza Sub/Bun Steamed Peas Carrot Sticks Peaches Milk					

**Lunch Meal Prices for 2024-2025**  
 K-4<sup>th</sup> grade - \$2.10                      5-8<sup>th</sup> grade - \$2.35  
 9-12<sup>th</sup> grade - \$2.45  
 Reduced Price ~~\$.40~~    No Cost For Reduced Meals