



SEPTEMBER 2024 BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<u>Cafeteria News</u> <i>Get fueled up with a school Breakfast!!</i> Available to all students K-12 Breakfast cost, K-12, \$1.40 Reduced breakfast cost, \$30 <i>Reduced breakfast is at no cost.</i> A' la Carte breakfast items are available to purchase. Breakfast is served in both commons from 7:40 am until the start of the school day. Breakfast is served on a 2-hour delay. Breakfast is not served on a 3-hour delay. <i>LINQ Connect is designed to make life easier. Use the app or go to https://lingconnect.com</i> It's an easy way to track meal account balances, make meal payments, or complete a meal application. Get registered today!!
2	3 Cereal WG Muffin Fruit & Juice Milk	4 Cereal Poptart Fruit & Juice Milk	5 Cereal Graham Cracker or Pancake Wrap Fruit & Juice Milk	6 Cereal Yogurt Fruit & Juice Milk	
9 Cereal WG Muffin Fruit & Juice Milk	10 Cereal Granola Bar or Biscuit/Sausage Gravy Fruit & Juice Milk	11 Cereal Cocoa Cherry Bar or Cinnamon Pretzel Fruit & Juice Milk	12 Cereal Yogurt or Breakfast Pizza Fruit & Juice Milk	13 Cereal Donut Fruit & Juice Milk	
16 Cereal WG Muffin Fruit & Juice Milk	17 Cereal Biscuit/Jelly or Egg Cheese Omelet Fruit & Juice Milk	18 Cereal Yogurt Fruit & Juice Milk	19 Cereal Graham Cracker or Pancake Sausage Sand. Fruit & Juice Milk	20 Cereal Strawberry Oatmeal Bar Fruit & Juice Milk	
23 Cereal WG Muffin Fruit & Juice Milk	24 Cereal Cheese Stick or French Toast Stick Fruit & Juice Milk	25 Cereal Poptart Fruit & Juice Milk	26 Cereal Graham Cracker or Pancake Wrap Fruit & Juice Milk	27 Cereal Yogurt Fruit & Juice Milk	
30 Cereal WG Muffin Fruit & Juice Milk					

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MENU IS SUBJECT TO CHANGE