




AUGUST 2024 LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	CAFETERIA NEWS
<p><i>LINQ Connect is a secure online portal that allows families to make online meal payments, check meal balances, transfer funds between students, set low balance email/text message alerts and more! Download the app from the Google Play or Apple Store or visit LINQConnect.com. Register and add your child to your account. You can also submit an online application for Free and Reduced Meals.</i></p>					
<div style="display: flex; align-items: center; justify-content: center;">  <div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>Lunch Meal Prices for 2024-2025</p> <p>K-4th grade - \$2.10 5-8th grade - \$2.35</p> <p>9-12th grade - \$2.45</p> <p>Reduced Price -\$4.00 No Cost for Reduced Meals!!</p> </div> </div>					
19	20	21	22	23	<p>K-4 Lunch Options Mon, Wed, Fri -- PBJ Meal Tues, Thurs --Salad Meal PBJ Meal includes bread item, veggie and fruit choice, milk. Salad Meal includes ham & cheese cup, bread item, veggie & fruit choice, dressing cup, choice milk.</p> <p>Lunch Option Daily 5th -12th Salad meal- choice of meat and cheese toppings, choice veggie and fruit, bread item and milk PB&J Meal -choice veggie and fruit, bread item, cheese stick or yogurt cup and choice milk</p> <p>Milk choices: 1% white. 1% chocolate, skim strawberry. A' la carte milk is \$.50</p> <p style="text-align: center;">Sign Up Now https://linqconnect.com is an easy way to track meal account balances, make meal payments and complete free & reduced meal applications anytime during the school year.</p>
Hamburger/ Bun Baked Fries Carrot Sticks Mandarin Oranges Milk	Popcorn Chicken Biscuit w/jelly Seasoned Corn Celery Sticks Pineapple Milk	Egg Cheese Omelet Mini Pancakes Baked Tator Tots Cucumber Slices Fresh Fruit Milk	Walking Taco or Soft Shell Lettuce & Cheese Fiesta Black Beans Applesauce Cookie Milk	Big Daddy Cheese Pizza Broccoli & Cheese Carrot Sticks Peaches Milk	
26	27	28	29	30	
K-4 Chicken Nuggets Goldfish Crackers 5-12 Brd Chicken/Bun Green Beans Carrot Sticks Pears Milk	K-4 Twisted Breadstick/Sauce 5-12 Tangerine Chicken Bowl 5-12 Seasoned Rice Steamed Peas Celery Sticks Bread/Margarine Mandarin Oranges Milk	Hotdog/Bun K-8 Frito 9-12 Mac & Cheese Baked Beans Cucumber Slices Fresh Fruit Milk	Nachos w/Salsa Meat & Cheese Refried Beans Broccoli & Cauliflower Pineapple Milk	Big Daddy Pepperoni Pizza Side Salad/Dressing Carrot Sticks Applesauce Milk	
<h2>Welcome Back Parkway Students!!</h2>					