




# AUGUST 2023 BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p><b><u>School News</u></b></p> <p>Start your day with a school Breakfast!!</p> <p><i>Available to all students K-12</i></p> <p>Breakfast cost, K-12, \$1.40 Reduced breakfast cost, <del>\$.30</del></p> <p><b>No cost this year for reduced breakfast!!</b></p> <p>A' la Carte breakfast items are available to purchase.</p> <p>Breakfast is served in both commons from 7:40 am until the start of the school day. Breakfast is served on a 2-hour delay. No breakfast is served on a 3-hour delay.</p> <p>New online payment system!! <a href="https://lingconnect.com">https://lingconnect.com</a> is an easy way to track meal balances and make payments &amp; fill out a meal application.</p>
<p>Hope you are ready for another awesome school year!!</p>					
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	
Cereal WG Muffin Fruit & Juice Milk	Cereal Poptart Fruit & Juice Milk	Cereal Cocoa Cherry Bar Fruit & Juice Milk	Cereal French Toast Stick Fruit & Juice Milk	Cereal Granola Bar Fruit & Juice Milk	
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	 <p><b>Go Panthers!</b></p>	
Cereal WG Muffin Fruit & Juice Milk	Cereal Super Donut Fruit & Juice Milk	Cereal Yogurt Fruit & Juice Milk	Cereal Cheese Stick or Pancake Sausage Sandwich Fruit & Juice Milk		