



OCTOBER 2022 BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<u>School News</u>
3 <i>No School</i>	4 Cereal Donut Fruit & Juice Milk	5 Cereal Yogurt Fruit & Juice Milk	6 Cereal Cheese Stick Fruit & Juice Milk	7 Cereal Granola Bar Fruit & Juice Milk	<p>Energize Your Day! Eat School Breakfast</p> <p><i>Available to all students K-12</i></p> <p>Breakfast price, K-12, \$1.40 Reduced breakfast price, \$.30</p> <p>A' la Carte breakfast items are available to purchase.</p> <p>Breakfast is served in both commons from 7:40 am until the start of the school day. Breakfast is served on a 2-hour delay. No breakfast is served on a 3-hour delay.</p> <p><i>FREE Online Meal Account Service: www.k12paymentcenter.com is a convenient way to manage your student's meal account online.</i></p>
10 Cereal WG Muffin Fruit & Juice Milk	11 Cereal Poptart Fruit & Juice Milk	12 Cereal Cocoa Cherry Bar Fruit & Juice Milk	13 Cereal French Toast Stick Fruit & Juice Milk	14 Cereal Grahams Fruit & Juice Milk	
17 Cereal WG Muffin Fruit & Juice Milk	18 Cereal Donut Fruit & Juice Milk	19 Cereal Yogurt Fruit & Juice Milk	20 Cereal Cheese Stick Fruit & Juice Milk	21 Cereal Granola Bar Fruit & Juice Milk	
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