

## AUGUST 2021 LUNCH/BREAKFAST MENU



MONDAY		TUESDAY	7	WEDNESDAY	THURSDAY	FRIDAY	SCHOOL NEWS
	n	relcome Back Parkway Students!!				Meals are FREE for all students for the 2021-2022 school year.	
Lunch Menu  Hamburger/Bun  Baked Fries  Carrot Sticks  Applesauce  Milk	23	Popcorn Chicken Goldfish Crackers Green Beans Celery Sticks Pears Milk	24	Mini Corn Dogs Baked Beans Cucumber Slices Fresh Fruit Milk	Chicken Tenders Bread/Margarine Steamed Corn Broccoli & Cauliflower Peaches Milk	Pepperoni Pizza Steamed Broccoli Carrot Sticks Pineapple Milk	Lunch Option for 5 <sup>th</sup> -12 <sup>th</sup> grade everyday - romaine salad with a choice of meat and cheese toppings, veggie, fruit, bread item and milk  Lunch Option for 2 <sup>nd</sup> -12 <sup>th</sup> grade everyday – PB&J pocket with fruit, veggie, bread item, cheese stick and milk  Choices of milk with meals are 1% white and chocolate and skim strawberry. A' la carte milk is \$.50  All bread items are whole grain or whole grain rich.  **A Free and Reduced Meal Application can be completed anytime during the school year.  www.k12paymentcenter.com is a convenient way to manage your student's meal account.
K-4 Chicken Nugget 5-12 Brd Chicken/Bun Steamed Peas Carrot Sticks Mandarin Oranges Milk	30	Turkey & Gravy Mashed Potatoes Celery Sticks Bread/Margarine Applesauce Milk	31				
Breakfast Menu  Cereal  WG Muffin  Fruit & Juice  Milk	23	Cereal Donut Stick Fruit & Juice Milk	24	Cereal Granola Bar Fruit & Juice Milk	Cereal Scooby Graham Fruit & Juice Milk	Cereal WG Poptart Fruit & Juice Milk	
Hamburger/Bun Baked Fries Carrot Sticks Applesauce Milk		Cereal Granola Bar or Breakfast Pizza Fruit & Juice Milk	31				