



OCTOBER 2018 LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	News
1 Chicken Nuggets Cheese Bread Stick Green Beans Celery Sticks Pineapple Milk	2 Nachos with Salsa Meat & Cheese Sauce Refried Beans Carrot Sticks Mandarin Oranges Milk	3 K-4 Popcorn Chicken Goldfish Crackers 5-12 Pizza Sub Steamed Carrots Cucumber Slices Fresh Fruit Milk	4 Sausage Links French Toast Stick Baked Hash Brown Broccoli & Cauliflower Applesauce Milk	5 Cheese Pizza Tossed Salad/Dressing Fresh Veggies Pears Fruit Snack Milk	<p>Grades K-4 Lunch Price is \$2.10</p> <p>Grades 5th-8th Lunch Price is \$2.35</p> <p>Grades 9th-12th Lunch Price is \$2.45</p> <p>K-12th - Reduced Price is \$.40</p> <p>**5th -12th grades have a lunch option everyday of a romaine salad with a choice of meat and cheese toppings, vegetable, fruit, bread item and milk</p> <p>** 2-12th grades have a lunch option of a PB & J sandwich with fruit, veggie, bread item, cheese stick and milk</p> <p>Choices of milk with meals are 1% white and chocolate and skim white and strawberry. A' la carte milk is \$.50</p> <p>All bread items are whole grain or whole grain rich.</p> <p>www.k12paymentcenter.com is a convenient way to manage your student's meal account.</p>
8 No School	9 Chicken Tenders Baked Fries Broccoli & Cauliflower Peaches Goldfish Crackers Milk	10 Mini Corn Dogs Baked Beans Carrot Sticks Fresh Fruit Milk	11 Chicken & Noodles Mashed Potatoes Cucumber Slices Bread/Margarine Pineapple Milk	12 K-4 Pizza Breadstick 5-12 Taco/BBQ Wedges Steamed Broccoli Fresh Veggies Mandarin Oranges Milk	
15 Hamburger/Bun Baked Fries Celery Sticks Applesauce Milk	16 Spaghetti Meat Sauce Coleslaw Breadstick Pears Milk	17 K-4 Mini Hotdog/Bun Mac & Cheese 5-12 Tenderloin/Bun Baked Beans, Cucumbers Fresh Fruit Milk	18 Popcorn Chicken Green Beans Broccoli & Cauliflower Bread/Margarine Peaches Milk	19 Pepperoni Pizza Tossed Salad/Dressing Carrot Sticks Pineapple Fruit Snack Milk	
22 K-4 Grilled Chicken Bites Cinnamon Graham 5-12 Chicken Patty/Bun Steamed Corn, Celery Mandarin Oranges Milk	23 Beef Taco/Shell Lettuce & Cheese Salsa & Sour Cream Grape Tomatoes Applesauce Milk	24 Hotdog/Bun Baked Beans Carrot Sticks Fresh Fruit Fun Size Doritos Milk	25 Salisbury Steak, Gravy Mashed Potatoes Broccoli & Cauliflower Bread/Margarine Pears Milk	26 K-4 Pizza Crunchers 5-12 Orange Chicken, Rice Steamed Broccoli Cucumber Slices, Peaches Rice Krispie Treat Milk	
29 Chicken Nuggets Cheese Bread Stick Green Beans Celery Sticks Pineapple Milk	30 Nachos with Salsa Meat & Cheese Sauce Refried Beans Carrot Sticks Mandarin Oranges Milk	31 K-4 Popcorn Chicken Goldfish Crackers 5-12 Pizza Sub Steamed Carrots, Cucumbers Frozen Slush Cup Milk			